

Form1

Cooking To Goal Meal Planner

Dinner ▾

Steak, Potatoes and Gravy, Sting Beans
 Baked Tilapia, Brown Rice
 Baked Chicken, Corn, Cabbage
 Chicken salad



Meal Planner Controls

<i>Add To Weekly Menu</i>	<i>Edit Weekly Menu</i>	<i>Display Weekly Menu</i>
<i>Edit The Meal</i>	<i>Delete The Meal</i>	<i>Generate Shopping List</i>

This is where your description of the meal would go as well as nutritional facts, such as calories, fat grams, etc.

Ideas for the CTG GUI

1. *Either scrollable text field or drop-down menu which will display meals.*
2. *A picture window which brings up the meal that was chosen in the text field or drop-down menu, and supplies nutritional facts about the meal.*
3. *Buttons where you can add, delete, or edit meals.*
4. *Conform the GUI to look more like a restaurant-style menu.*
5. *Other GUI's to be included are; weekly menu, generated weekly shopping list*

If anyone can think of other things to add to this, by all means, throw your ideas in here. Let's keep in mind, this IS just the first iteration, so we don't want to over-complicate it,

but if there is a feature that will make things easier for a user in the 1st iteration, let's see what we can do to get it included. Thanks, team!!